

# Light the Night



## Memory Jogger

There are so many people that would love to help you reach your goal and make a difference in the lives of families facing blood cancer.

Sometimes, it can be hard to think of who to reach out to! We've put together a helpful list of people you could ask to support you. Don't forget to add your own contacts to the list, too!



### Friends, family and colleagues

- Parents
- Grandparents
- Brothers
- Sisters
- Aunts
- Uncles
- Cousins
- In-Laws
- Best Man
- Bridesmaids
- Children's friends' parents
- Children's teachers
- University friends
- High school friends
- People I work with
- People from past jobs
- People I grew up with
- People I play sport with
- Neighbours

### My...

- Accountant
- Sporting instructors
- Auditor
- Babysitter
- Beautician
- Chiropractor
- Dentist
- Dietician
- Doctor
- Gardner
- Office cleaner
- Plumber
- After school care
- Childcare
- Gym

### Other ideas

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### Social clubs and other people that could help...

- Bingo
- Bowls
- Calisthenics
- Places of worship
- Coffee shop
- Computer club
- Construction site
- Cooking classes
- Council
- Deli
- Footy club
- Government
- Garden centre
- Golf course
- Health club
- Hospital
- Hotel
- Library
- Lions Club
- Local band
- Local shops
- Market
- Museum
- Night class
- Night club
- Nursing home
- Pharmacy
- Post office
- Pub
- Restaurant
- Rotary Club
- Supermarket
- Tennis club
- Theatre
- Volunteer group

PRINCIPAL PARTNER



CREATIVE PARTNER



LOGISTICS PARTNER



KEY PARTNER



KEY PARTNER

